

ELANAH D. NAFTALI, DRPH, LMFT

www.LivingWellTherapyArts.com

143 West Walnut Lane, Ste. 203
Philadelphia, PA 19144

Phone: 215.498.6063
elanah.naftali@gmail.com

DISCERNMENT COUNSELING

Disclosures:

1. Discernment counseling is not a legal service and no legal advice is provided. Please consult with an attorney or visit a court self-help center in your county if you have questions about the legal issues related to divorce.
2. Participation in discernment counseling does not relieve you from any obligations you may have in an ongoing divorce case
3. By participating in discernment counseling, you agree that you will not seek to use in a court proceeding any statements made by the other party or by the counselor at any discernment counseling session. You also agree that you will not call as witness or seek to obtain for court purposes any of the notes or documents prepared by the discernment counselor.
4. Any information you provide will remain confidential. However, in order to provide effective service, if a referral is made to an outside professional, you hereby grant permission to share client information with that professional.

I agree: _____ Date: _____

I agree: _____ Date: _____

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AGREEMENT TO PURSUE RECONCILIATION

Having decided to try to restore our marriage to health,

- We each commit to an all-out effort over the next six months, with divorce off the table for this period of time.
- We know that this effort will mean working on ourselves individually and as a couple.
- We will try to bring our best selves to this effort, and to treat each other with respect and dignity even when we are upset with each other.
- We promise to not bring up the threat of divorce out of anger or to get the other to go along with something we want.
- We will only confide in people who will support our work on reconciliation.
- If our relationship is not improving, we will raise a concern early rather than keeping silent and planning an exit.
- We will use the resources that can help us succeed, being as flexible as possible with our time and schedules.

I agree: _____ Dated: _____

I agree: _____ Dated: _____